

Join Us Sunday Morning at 10:00 am for Church Online
All are invited | All are welcome | No experience required



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THIS WEEK AT CHRIST CHURCH

- ✘ Tuesday, February 2, 2021
 - Racism: How Christians Should Respond @11:00 am via Zoom (*see notice*)
 - Lectio Divina @ 8:00 pm via Zoom (*see notice*)
- ✘ Wednesday, February 3, 2020
 - Racism: How Christians Should Respond @7:00 pm via Zoom (*see notice*)
- ✘ Thursday, February 4, 2020
 - Production @ 11:00 am - 8:00 pm
 - Production Team Meeting @ 6:00 pm
- ✘ Friday, February 5, 2021
 - Lectio Divina @ 10:00 am via Zoom (*see notice*)
- ✘ Sunday, February 7, 2021
 - Church Online @ 10:00 am

FURTHER OUT

- ✘ Self-Care Workshops for Adults & Youth
 - Adult "Coping with Covid: Surviving or Thriving"
 - Saturday, February 13 @ 10:00 am via Zoom (*see notice*)
 - Youth "Taking Control of Stress & Anxiety"
 - Saturday, February 13 @ 1:00 pm via Zoom (*see notice*)
- ✘ Shrove Tuesday Family Lenten Event
 - Tuesday, February 16th @ 5:30 pm via Zoom (*see notice*)

Racism: How Should Christian Respond?

3Week Online Group Study

How did privilege play out in the early church? How did Jesus address and model power and privilege?



- Lessons from Martin Luther King Jr.
- The Big Picture of Racism
- How Should Christians Navigate White Privilege?

What?

The topic of race fills our news headlines, our city streets, and even our pulpits and never more so than in the midst of the Covid-19 pandemic. Recognizing the centuries-old mistreatment of minority groups, how should Christians respond to racism? Is it possible to respond in sensitive ways that actually make a difference? Over 3 weeks, we will gently explore this topic in an open and honest way.

When?

We are offering sessions both in the evening and morning.

1. **Tuesday mornings @ 11:00 am starting January 19**
2. **Wednesday evenings @ 7:00 pm starting January 20**

Where?

In the comfort of your own home. You will want to have your Bible handy and an open & curious heart.

How?

Sessions will be offered via Zoom. Participants can join the sessions either by audio/video from their devices or by simply calling in.

Zoom links & instructions are on our website.

ADULT & YOUTH SELF-CARE WORKSHOPS

Saturday, February 13, 2021

Just before we had into Lent, we are pleased to present workshops focused on self-care. Please note that everyone is welcome to attend these workshops and you might consider inviting a friend.

Adult Morning Session

In the morning, adults are welcome to join us for a workshop with Dr. Wanda Malcolm. Wanda is a Professor of Pastoral Psychology at Wycliffe College (part of the Toronto School Theology at the University of Toronto) and brings to us her practical and constructive perspective on self-care during Covid. Wanda also has private practice in clinical psychology. Many of us know Wanda but for those that don't, she is a long-time parishioner and married to our Rector's Warden, Stan Szepesi.



"Coping with Covid: Surviving or Thriving?"

A Workshop with Dr. Wanda Malcolm

Saturday, February 13th
10:00 am to 11:30 am

Participants can join on Zoom with audio/visual or by phone

What's changed? | What are you struggling with?
What has surprised you? | What can help?

When?

Saturday, February 13th @ 10:00 am to 11:30 am

Where?

In the comfort of your own home. Registered participants will be provided Zoom link and further materials.

How?

Sessions will be offered via Zoom. Participants can join the sessions either by audio/video from their devices or by simply calling in. **Please register with Martha by Wednesday, February 10th.** Martha can be reached by phone @ 905-451-6649 ext 22 or by email @ christchurchbrampton@bellnet.ca

ADULT & YOUTH SELF-CARE WORKSHOPS (continued)

Saturday, February 13, 2021

Youth Afternoon Session

And then in the afternoon, The Rev. Michelle Jones is offering a workshop on how to deal with anxiety for our youth (those in high school & beyond).

About 1 in 3 youth struggles with feelings of worry, fear and panic. Michelle will lead you through a series of activities to:

1. identify anxiety - what it is - how it manifests itself in your body (cause everyone's different)
2. Effectively lessen the intensity of feelings of fear, worry and panic through breath work and other simple physical exercises
3. Develop healthy thought patterns so as not to be overwhelmed by the stuff life throws at you.

The workshop will involve lots of simple activities you'll do individually and as a group. These activities will help you build an arsenal of techniques you can use in the future.

"Taking Control of Stress & Anxiety"

A Youth Workshop with The Rev. Michelle Jones

Saturday, February 13, 2021 | Online from 1:00 pm to 2:30 pm

- Anxiety - I can handle it myself!
- Nothing is stressing me out....not!



- Why is everyone but me so calm?
- That's not my problem...

When?

Saturday, February 13th @ 1:00 pm – 2:30 pm

Where?

In the comfort of your own home. Registered participants will be provided Zoom link and further materials.

How?

Sessions will be offered via Zoom. **Please register with The Rev. Michelle Jones by Wednesday, February 10th at:**

curate.christchurchbrampton@gmail.com Michelle can be reached by phone @ 416-418-3912.

CHILDREN, YOUTH AND FAMILY MINISTRY

For more information or Zoom invitations to any of our Children, Youth and Family events, please contact Tina Clarke at:

Email: tina.clarke.brampton@gmail.com

Phone/Text: 647-278-5519

All are invited | All are welcome | No experience required

<p>LET'S STICK TOGETHER</p> <p>BRING YOUR OWN PANCAKES!</p>	
	<p>Join us on Tuesday, February 16th</p> <p>5:30 - 6:30 PM</p> <ul style="list-style-type: none">• Share a Virtual Meal• Time of Worship• Lenten Craft

For Zoom invite & "reservations" contact Tina by
February 10th at:
tina.clarke.brampton@gmail.com



2nd & 4th Fridays of the Month @ 7:00 pm

YOUTH GROUP

zoom



GOD WANTS EWE

"SUNDAY SCHOOL"

Gospel-inspired learning, prayer & crafts
for kids aged 4-12 via Zoom from 11:30 am - 12:00 noon

Contact Tina Clarke via email at:
tina.clarke.brampton@gmail.com

Looking for a mid-week time to spend with God?

All are invited | All are welcome | No experience required



**Longing to spend time with God?
Wanting to deepen your prayer life?
Why not try Lectio Divina.**

The Rev. Michelle Jones provides a brief introduction and invitation video that can be accessed here:

<https://www.christchurchbrampton.ca/lectiodivina>

What?

A simple but comprehensive practice of praying the scripture that leads gradually but steadily from the mind to the heart. Each week we will focus on a fragment of scripture from the upcoming Sunday in a guided prayer exercise that deepens your understanding of God's love for you or may provide insight into a difficult situation. As this is a prayer practice rather than a course, you may join at any time and there is no issue about missing a week or two ~ it's that easy.

When?

1. **Tuesdays @ 8:00 pm** combined with a short service of Compline (night prayer) lasting approximately 45-60 minutes
2. **Fridays @ 10:00 am** lasting approximately 30-45 minutes

Where?

In the comfort of your own home. We suggest that you select a quiet spot where you will be undisturbed. Have your bible handy and perhaps a candle to help your focus.

How?

The prayers sessions will be offered via Zoom. Participants can join the sessions either by audio/video from their devices or by simply calling in. **Links to Zoom** are posted on the website. Should wish to join by telephone, please contact The Rev. Michelle Jones. Michelle can be reached by phone @ 416-418-3912 or by email

@ curate.christchurchbrampton@gmail.com

Resource Management

Financial Giving

Because the life and vitality of our Church is important to us, we are each called to make a financial commitment to ensure that the ministry of our church continues to flourish during this unprecedented time. We are so grateful for the intentional, purposeful and sacrificial gifts that enable us to invite, welcome and connect all of us together with Him who abides with us in all times and circumstances.

If you are not on PAR (pre-authorized remittance), maybe now is a good time to do so. If you wish to go on PAR call the church office and speak to Martha or leave a message and she will return your call at her earliest convenience. Martha can be reached at:

Office: (905) 451-6649 / Phone or Text: 416-420-3765

There are also other ways to give:

1. We are now accepting **e-Transfers** via the Interac system.
 - a. Simply set-up Christ Church Brampton as a payee on your internet banking account.
 - b. Email address required: christchurchbrampton@bellnet.ca
 - c. No password is required
 - d. Upon making an offering you will receive an email notification as will Christ Church.
 - e. Your offering will be included in your annual tax receipt.
2. You can donate electronically via **CanadaHelps** using your credit card through the Christ Church Brampton website. At the top of the homepage – click “Online Giving via Canada Helps”. It takes you to the following link. In this case, CanadaHelps provides you with a tax receipt.
<https://www.canadahelps.org/en/charities/christ-church-brampton/#donate-now-pane>
3. You can **drop off** your church envelope in the mail slot at the church. The not-so-obvious-mail slot is located just below the buzzer on the right hand side of the office doors...it’s a wee bit tricky because it is a vertical slot.
4. You arrange for a **pick-up** by calling Martha at:

Office: (905) 451-6649 / Phone or Text: 416-420-3765

Each Christian “should give, then, as they have decided, not with regret or out of a sense of duty; for God loves a cheerful giver.”
(2 Corinthians 9:7)

CONNECT WITH US

Address: 4 Elizabeth Street North, Brampton, ON L6X 1S2

Incumbent	Byron Gilmore (905-451-6649 ext. 22)
Assistant Curate	Michelle Jones (416-418-3912)
Church Office	Martha Whittaker (905-451-6649 ext. 23)
Director ~ Family Ministry	Tina Clarke (647-278-5519)
Choir Director	Ron Greidanus (905-873-9909)
Praise Team Director	Sally Campbell (647-382-9983)

Email:

christchurchbrampton@bellnet.ca

Website:

www.christchurchbrampton.ca

Rector's Warden	Stan Szepesi	416-648-4606
People's Warden	Jonathan Tyner	647-280-4502
Deputy Rector's Warden	Rachel Brown	647-785-4525
Deputy People's Warden	Shumaila Desrochers	905-846-7529
Advisory Board Chair	Chris Bird	416-294-7361
Envelope Secretary	Carolynne Atkinson	905-453-8323
Treasurer	Paul Wren	905-872-1538
Honorary Assistant	The Rev. Vic Reigel	905-452-0354
Parish Visitors	Joan Powell	905-451-4694
Prayer Ministry	Jeff Smith	905-452-0524



2020 Tax Receipt & Wardens' Update

Your 2020 Tax Receipt and Quarterly Wardens' Update should arrive in your mail within the next week or so. Should you not have received yours by February 7th, please contact the office at 905-451-6649 or via email at christchurchbrampton@bellnet.ca as we might not have your correct mailing address.

CCLI Lic # 1302488

January 31, 2021

4th Sunday after Epiphany

10:00 a.m.

ANTE COMMUNION *

Gathering Songs: Holy, Holy (Life Up His Name)

(Rev. 4:8)

Neil Fallingham

Holy, holy,

Holy is the Lord God, Almighty

Holy, holy,

Holy is the Lord God, Almighty

Who was and is and is to come

Who was and is and is to come

Lift up his name

With the sound of singing

Lift up his name in all the earth

Lift up your voice and give him glory

For He is worthy to be praised

* "Ante" Communion is our full service with the exception of the Celebration of the Eucharist

I Waited for the Lord on High

(Psalm 40:1-3)

Bill Batstone

*I waited,
For the Lord on High
I waited
And he heard my cry*

**He pulled me out of my despair
And showed me where to walk
From fear into security
From quick sand to a rock**

**I sing to let the people know
That I have been restored
And they will kneel and understand
And return and trust in the Lord**

*There's a new song
In my heart to sing
A new song
Praises for the King*

All the Earth

Wayne Huirua/ Andrew Ulugia/ Jack Hayford

**Father, into your courts I will enter
Maker of heaven and earth
I tremble in your holy presence
Glory, glory in your sanctuary
Splendor and majesty Lord
Before you, all life adores you**

All the earth

Will declare

That your love is everywhere

The fields will exalt, seas resound

Hear the trees'

Joyful cry

Praising you and so will I

A new song I'll sing; Lord I will

Glorify and bless

Your holy name

Jesus

Lord of all life and salvation

Into your presence we come

We worship you our precious Savior

Fill us,

Fill us with your holy power

Set us aflame with your love

'Til nations all know your glory

**Praise, my soul, the King of heaven;
to his feet your tribute bring;
ransomed, healed, restored, forgiven,
evermore his praises sing.
Alleluia, alleluia,
praise the everlasting King.**

**Praise him for his grace and favour
to our forebears in distress;
praise him, still the same forever,
slow to chide and swift to bless;
alleluia, alleluia,
glorious in his faithfulness.**

**Angels, help us to adore him;
you behold him face to face;
sun and moon bow down before him,
dwellers all in time and space
Alleluia, alleluia
Praise with us the God of grace.**

Greeting

Green 185

Priest The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People **And also with you.**

Welcome

The Rev. Michelle Jones

Collect for Purity

Priest Almighty God,
People to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Children's Focus

Tina Clarke

Collect of the Day

Green 352

Living God,
in Christ you make all things new.
Transform the poverty of our nature
by the riches of your grace,
and in the renewal of our lives
make known your glory;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever.

Reading: Deuteronomy 18:15-20

Chris Bird

Gospel Acclamation:

Cantor *Alleluia, alleluia, alleluia!*

Together *Alleluia, alleluia, alleluia!*

Cantor: Jesus went about Galilee, teaching, preaching,
and healing every disease.

Together *Alleluia, alleluia, alleluia!*

The Gospel: Mark 1:21-28

Together *Alleluia, alleluia, alleluia!*

Sermon:

The Rev. Canon Dr. Byron Gilmore

Apostle's Creed

Green 189

Celebrant Let us confess the faith of our baptism, as we say,
All **I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of
the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of the People

Chris Bird

Celebrant Dear friends in Christ,
 God is steadfast in love and infinite in mercy;
 he welcomes sinners
 and invites them to his fellowship.
 Let us confess our sins,
 confident in God's forgiveness.

Celebrant Most merciful God,
People **we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbours as
 ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us,
 that we may delight in your will,
 and walk in your ways,
 to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you,
 pardon and deliver you from all your sins,
 confirm and strengthen you in all goodness,
 and keep you in eternal life;
 through Jesus Christ our Lord.

People **Amen.**

Offertory Hymn: **Refiner's Fire**

(Malachi 3:1-3)

Brian Doerksen

Purify my heart
Let me be as gold and precious silver
Purify my heart
Let me be as gold
Pure gold

Refiner's fire
My heart's one desire
Is to be holy
Set apart for you Lord
I choose to be holy
Set apart for you my Master
Ready to do your will

Purify my heart
Cleanse me from my sin
And make me holy
Purify my heart
Cleanse me from my sin
Deep within

Refiner's fire
My heart's one desire
Is to be holy
Set apart for you Lord
I choose to be holy
Set apart for you my Master
Ready to do your will

God of steadfast love,
may our offering this day,
by the power of your Holy Spirit,
renew us for your service.

We ask this in the name of Jesus Christ the Lord.

Celebrant And now, as our Saviour Christ has taught us,
we are bold to say,

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

God, whose almighty Word
chaos and darkness heard,
and took their flight:
hear us, we humbly pray,
and where the gospel-day
sheds not its glorious ray,
let there be light!

Spirit of truth and love,
life-giving, holy Dove,
speed on your flight!
Move on the water's face
bearing the lamp of grace,
and in earth's darkest place
let there be light!

Gracious and holy Three,
glorious Trinity,
wisdom, love, might,
boundless as ocean's tide
rolling in fullest pride:
through the world far and wide
let there be light!

Dismissal

Leader: *Go in peace to love and serve the Lord.*

People: Thanks be to God.
